

## More than work – sports and healthy lifestyle

- Our team took the third place in the prestigious SailBook Cup 2016 Regatta.
- Grupa LOTOS was nominated in ‘The Champ Awards’ competition in the category of ‘Advertising Campaign with Players of the Polish National Football Team and Robert Kubica’.

We provide our personnel with an opportunity to participate in numerous initiatives promoting sports and a healthy lifestyle. Our approach in this area places strong emphasis on the fact that **everyday vitality** of employees has a positive effect on their professional life and the quality of their work. This offers not only measurable value for the company, but also benefits for the employee’s family and broader environment.

### At sea – third place in the SailBook Cup 2016 Regatta

- > The LOTOS TKKF (Society for the Promotion of Physical Culture) sailors on the Odyssey yacht **achieved the greatest success in the history of the TKKF sailing section**, securing the third place in the KWR1 class of the prestigious Sailbook Cup 2016 Regatta. This event represents the longest regatta in Poland and the second longest in the Baltic Sea.

The Odyssey yacht crew comprised personnel of the Grupa LOTOS and LOTOS Serwis. They covered a distance of over 600 nautical miles on the Sopot – Gotland – Gotska Sandön island – Sopot route.

Their success inspired other employees to get interested in sailing –

- > at the end of the sailing season (in October), the number of charter days on which our employees used the TKKF yachts in 2016 was **317**, including 88 days of chartering the Odyssey yacht to sail on the high seas.



The popularity of sailing among personnel was also demonstrated by their participation in the second regatta of the LOTOS President's Challenge Cup – **eight** crews signed up to compete.

The employees are able to pursue their sailing passion thanks to the TKKF fleet comprising **five inland and one seagoing yachts**. In order to encourage an increasing number of personnel to use the available fleet and make it easier for them to obtain the necessary licences, the sailing section organises or helps organize training on a regular basis. In 2016, 20 persons attended such courses.

## A run with the champion – LOTOS Running Team

A membership in the Running Team Section is only one of the possible options offered by the LOTOS TKKF Society, but it enjoys significant interest among our personnel. The section counts nearly 60 active participants, who in 2016 competed 549 times in 288 running and multi-sport events. In all disciplines, the competitors covered a total distance of over 11,000 km. With a view to encouraging physical activity among a growing number of personnel we organized a training session with a professional, **Marcin Świerc, a three-time champion of Poland in long-distance mountain running**. The training for employees, preceded by a series of running tips given by the sportsman, took place on the hilly routes of the Tri-city Landscape Park. We also held a meeting with the overall running team of Marcin Świerc, at which the guests explained the idea of sky running, which is an extreme form of mountain running. Grupa LOTOS supported the runner in his preparations.